



Reflection on Skiff Mountain

Take a slow and intentional walk with us in nature where attention is gently anchored to breath, body, and surroundings to cultivate calm, presence, and connection.

Saturday, July 25th
9:00 AM

<https://bit.ly/KLTactivites>

Registration is required to communicate weather-related changes.

info@kentlandtrust.org or **860-592-0011**

KLT's Skiff Mountain South

Follow Skiff Mountain Road to the top of the hill just before the Marvelwood School soccer fields.

The preserve map can be found at:
<https://www.kentlandtrust.org/anchor-page-for-skiff-mountain-south>

REGISTRATION LINK



At just under 3 miles roundtrip, the Skiff Mountain South trail is an easy to moderate hike with a view. Please wear sturdy footwear and layered clothing. Bring a water bottle and carry an open mind ready to slow down and take in the experience!