Kent Land Trust 2019 Exploration Challenge Guide

Find photo-worthy *Things* that exemplify Kent's beauty and rural character. The Places (1-19) are shown on your <u>Kent Hiking Trails</u> map. For more detailed information, including individual preserve maps and descriptions, consult <u>Kent Trails: A Hiker's Guide</u>, produced by the Kent Conservation Commission.

1. **Bull's Bridge Scenic Area** FirstLight Power Resources and the Appalachian Trail Conservancy **Terrain:** Moderate. An easy start, with various ups and downs and rooty stretches later on. About 2 miles total.

You seek a *Housatonic overlook* from on deck and a *Ten Mile footbridge* about 100 feet long. If you have to "go", cross into New Milford to find a *WC*.

2. Appalachian Trail

Appalachian Trail Conservancy

Terrain: Variable. The routes below are out-and-backs over moderate to challenging terrain.

From Skiff Mountain Road: Drive north, pass the AT crossing, and then park at right on the second paved pulloff. Hike SE, mostly along a Pond Mountain Trust trail to reach the AT at *Caleb's Peak*. Moderate. About 1.25 miles total.

From Route 341: Begin your quest in *stile*, cross the meadow, then climb mostly NE for about 0.5 mile. Turn right on a pink-flagged trail to find a massive *erratic boulder*. Moderate to Challenging. About 2 miles total.

From Schaghticoke Road (south end near Bull's Bridge): Hike mostly west (and up!) passing many a white blaze to reach a *Housatonic Valley view* at about 1,100 feet elevation. A challenging climb! About 3 miles total.

3. Currie Sanctuary

Kent Land Trust

Terrain: Challenging. A steady climb of about a mile from base to top of the Sanctuary.

I spy ... old pasture walls along Ashton's loop, a comfy overlook (pick one of two), and, here and there, hophornbeams.

4. **Macedonia Brook State Park** Connecticut Department of Energy & Environmental Protection **Terrain:** Easy - if you start at the Ranger Station and follow Macedonia Brook Rd north for a short distance to find ...

... a lengthy CCC work, a Macedonia Brook view (you choose), and a picturesque pavilion.

5. Cobble Mountain

Weantinoge Heritage Land Trust

Terrain: Challenging! Direct access is via a steep, rocky section of the White Trail in Macedonia Brook State Park. About 2.5 miles round trip from Ranger Station.

Find a *majestic three-state view* and plenty of *exposed bedrock*.

6. Pond Mountain Natural Area Pond Mountain Trust

Terrain: Moderate. Distances will vary based on your route.

Oh to hike on ... Pond Mountain, to the summit for the *westward view*. Find an *old cabin* 'neath Pond Mountain, and frame a *pond view* before leaving here too soon.

7. Skiff Mountain South Preserve Kent Land Trust

<u>Note</u>: The Marvelwood School conducts ornithological research here. Tread lightly, avoiding piping, poles, mist nets, and flagging.

Terrain: Easy. Walk over mostly level, even ground. About 1.75 miles out and back.

Perambulate around the pond and then peruse the Purple Path. Picture yourself with *Woodrow, the wood duck,* and *Julian, the Cerulean warbler,* and also portray a *wetland view*.

 8.
 Robert Avian Preserve
 Kent Land Trust
 Road closed until further notice!!

 Note: Proceed with caution turning from Route 7 onto North Kent Road. The road to parking is very rough.
 Terrain: Easy. A very short, level outing.

No formal trails here, but it's OK to venture in to capture a meadow view and pose with an eastern red cedar.

9. Kent Falls State Park

CT Department of Energy and Environmental Protection

Terrain: Moderate. Many stairs on the south side of the stream and some steep slopes on the north side. Distances will vary depending on route.

Shoot a *waterfall* (there are 17 from which to choose). Rock hounds might notice deposits of *Connecticut's state mineral*. Also seek an impressive *CCC stone embankment* supporting part of the upper Yellow Trail.

10. Audrey and Robert Tobin Preserve Kent Land Trust

Terrain: Moderate. Distances will vary depending on how many trails you explore.

Follow the meadow trail to find a *place where two streams meet* and later a *copse of birches*. Press on to find a *mighty Cornwall stone wall*. Can you find *Hamamelis virginiana* along the Homestead Trail or the Laurel Loop?

II.East Kent Hamlet Nature PreserveKent Land Trust

Terrain: Easy/Moderate. Mostly easy, with a short stretch of steep terrain on the Falls Trail. About 2 miles total.

Herein find a West Aspetuck cascade, a row of ancient hydrangeas, and the Camp Francis Gate.

12. Kent Mountain Preserve Kent Land Trust

Terrain: Challenging. The out-and-back (about 1.5 miles) includes steep slopes, some very rocky. If hiking through to Cobble Brook Vista (#13) and returning along part of the paved Studio Hill Circle, plan for a 3-mile excursion.

As you ascend the rocky slopes, look for *Quercus montana*. On the upper level, seek a long-ago engraved *Fagus grandifolia*. Descend again to view side-by-side *charcoal mounds*. Here endeth the Kent Mountain Preserve.

13. Cobble Brook Vista PreserveWeantinoge Heritage Land Trust

Terrain: Easy. The *Things* you seek are found on the lower part of the trail, near Cobble Brook. About 0.5 miles total.

Bring a botanist or some guide books. The sandy soil and sunlight here support *Monarda* flowers (seasonal) and *diverse meadow habitat*. You may find red-helmeted *Cladonia cristatella* or other lichens patrolling trees in this area.

14. Emery Park Town of Kent, maintained by Kent Park and Recreation

Terrain: Moderate/Challenging. The climb to the peak is steady and steep. About 1.25 miles total.

Surmount Segar Mountain (at 1,144 feet) and *send proof*, recording a fine example of *Quercus alba* along the way. While you're at the park, might as while take a *ride on the slide*!

15. Iron Mountain PreserveThe Nature Conservancy

Terrain: Moderate. Includes some wet areas and some brief steep sections. About 2 miles total.

Take a pic at the *Nature Conservancy sign*, then hit the trail. Pause for a *footbridge photo* whilst crossing an Irving Pond tributary. About half way 'round the lollypop loop, strike a pose in a *shady hemlock grove*.

16. Alice M. McCallister Memorial Sanctuary Weantinoge Heritage Land Trust

Terrain: Easy. Mostly flat footwork and very modest slopes. About 1 mile out and back along the lower trail.

Discover wetland wonders like Symplocarpus foetidus, look for beaver evidence, and capture a captivating wetland view.

17. Claire Murphy River Walk Kent Land Trust

Terrain: Easy. A gentle stroll on level ground. Less than half a mile out and back.

Frame the KLT barn logo, depict part of the new Story Walk, and show a patch of Equisetum.

18. Bull Mountain PreserveKent Land Trust

Terrain: Moderate. A steady, mostly smooth climb, leveling out near trail's end. About 2 miles round trip.

Find for me these items three, ere the Challenge end ye see: *erratic twins*, *St. Patrick's Chair* (the Kent version), and a *Womenshenuk Valley view*.

19. West Aspetuck Scenic Wetlands Preserve Kent Land Trust

Terrain: Easy. A mostly shady walk with modest inclines. Call it a Challenge cool-down. About 0.75 mile total. **Note:** The trail here will not be accessible until approximately July 15, 2019. Please wait to explore until then!

Locate *lodging*, but don't stay over. Also notice *Acer pensylvanicum* and a *balanced rock*.